# THE POWER OF **PLATELET-RICH PLASMA**

## What Is PRP?

Platelet-rich plasma (PRP) is a biological product created from autologous blood plasma that is centrifuged and separated to achieve a platelet concentration above the baseline. In addition to the high platelet concentration, PRP contains the full complement of clotting factors typically at their normal, physiologic levels.<sup>1</sup>

with numerous post-translational

protein-based

bioactive factors.<sup>2</sup>

modifications, resulting in over

### Platelets contain more than



## Why PRP?

Autologous product: PRP is prepared from the patient's own blood, minimizing concerns about the risk of cross-contamination, disease transmission or immune reactions.<sup>2</sup>

**Growth factors and proteins:** These stimulate the healing process, a key factor in PRP's widespread clinical use.<sup>2</sup>

**Increased blood supply:** The use of PRP speeds up neovascularization and increases the blood supply and nutrient influx necessary for cell regeneration in damaged tissue.<sup>2</sup>

## **Mechanisms of Action**

Activated platelets can mediate cell-to-cell interactions and affect innate immune responses by different possible mechanisms.<sup>3,4</sup>

#### **BACTERIAL DESTRUCTION**

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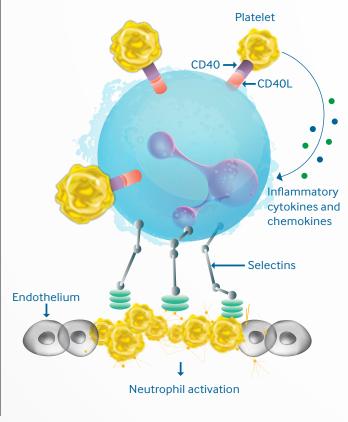
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Platelet Toll-like receptor (TLR) expression enables activated platelets to bind and capture bacteria. The platelets may directly kill the bacteria by producing microbicidal proteins or by aggregating around the bacteria and "trapping" them for elimination.

# Bacteria 000 Bacterial destruction

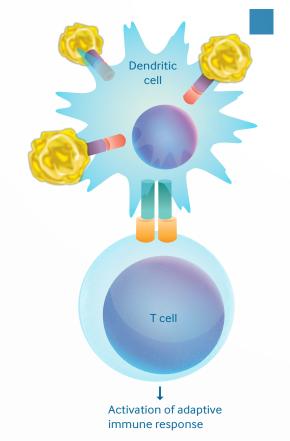
#### **NEUTROPHIL ACTIVATION**

Platelets can interact with a wide variety of cells, including leukocytes. Activated platelets promote neutrophil tethering and activation through the expression of selectins, CD40L, and inflammatory cytokines and chemokines.



#### **ACTIVATION OF ADAPTIVE IMMUNE RESPONSES**

Activated platelets can promote the activation of monocytes and dendritic cells. This leads to increased antigen presentation to T cells and enhances adaptive immune responses.



## According to one 2016 study<sup>5</sup> of 2,000 patients, PRP reduced:



#### **PRP FOR INFECTION CONTROL**

PRP, with its antimicrobial activity and promotion of healing, has the potential to help prevent infection.

- in antimicrobial host defense.<sup>6</sup>

#### REFERENCES

1. Alves R, Grimalt R. A review of platelet-rich plasma: history, biology, mechanism of action and classification. Skin Appendage Disord. 2018;4(1):18-24. 2. Pavlovic V, Stojanovic P. Platelet rich plasma: a short overview of certain bioactive components. Open Med. 2016;11(1):242-247. 3. Graham SM, Liles WC. Platelets in sepsis: beyond hemostasis. Blood. 2016;127(24):2947-2949. 4. Semple JW, Italiano JE Jr, Freedman J. Platelets and the immune continuum. Nat Rev Immunol. 2011;11(4):264-274. 5. Patel AN, Selzman CH, Kumpati GS, McKellar SH, Bull DA. Evaluation of autologous platelet rich plasma for cardiac surgery: outcome analysis of 2000 patients. J Cardiothorac Surg. 2016;11(1). 6. Tang Y, Yeaman M, Selsted M. Antimicrobial peptides from human platelets. Infect Immun. 2002;70(12):6524-6533. 7. Kaufmann S, Dorhoi A. Molecular determinants in phagocyte-bacteria interactions. Immunity. 2016;44(3):476-491. 8. Yeaman MR. Platelets in defense against bacterial pathogens. Cell Mol Life Sci. 2010;67(4):525-544. 9. Xiong YQ, Yeaman MR, Bayer AS. In vitro antibacterial activities of platelet microbicidal protein and neutrophil defensin against Staphylococcus aureus are influenced by antibiotics differing in mechanism of action. Antimicrob Agents Chemother. 1999;43(5);1111-1117. 10. Drago L, Bortolin M, Vassena C, Taschieri S, Del Fabbro M. Antimicrobial activity of pure platelet-rich plasma against microorganisms isolated from oral cavity. BMC Microbiol. 2013:13(47). 11. Amable P, Carias R, Teixeira M, et al. Platelet-rich plasma preparation for regenerative medicine: optimization and quantification of cytokines and growth factors. Stem Cell Res Ther. 2013;4(3):67. 12. Ríos D, López C, Carmona J. Platelet-rich gel supernatants stimulate the release of anti-inflammatory proteins on culture media of normal equine synovial membrane explants. Vet Med Int. 2015;2015:547052. 13. Encyclopedia Britannica. Monocyte. https://www.britannica.com/science/monocyte. Lymphocyte. https://www.britannica.com/science/lymphocyte. https://www.britannica.com/science/granulocyte. Accessed June 6, 2019.

# **The Potential**

Platelets have multiple functional attributes that suggest an integral role

 PRP that is rich in leukocytes can enhance healing by removing potential microbes and stimulating growth factor release.<sup>2</sup>

 Platelets support antimicrobial peptides that inhibit bacterial growth; neutrophils and macrophages phagocytose and destroy microbes. Together, they support the potent antimicrobial activity of PRP.<sup>7</sup>

# Components of PRP

#### PLATELET MICROBIAL PROTEINS (PMP)

PMPs — small antimicrobial peptides — have been shown to play a key role in infection control by exerting direct microbial activity against a broad spectrum of human pathogens, including *Staphylococcus aureus*.<sup>8,9</sup>

#### **PLATELETS**



Platelets play a critical role in several aspects of the healing process. Activated platelets release several antimicrobial peptides that deliver properties for infection control.<sup>6,10,11,12</sup>

#### WHITE BLOOD CELLS (WBCs)<sup>13</sup>

#### Granulocytes

- The "immediate response" cells to prevent infection
- Key mediators of inflammatory response through phagocytosis and release of reactive oxygen species (ROS)

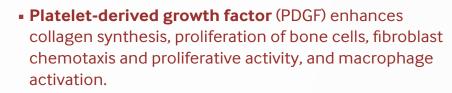
#### Lymphocytes

- T-lymphocytes help regulate the function of other immune cells and directly attack various infected cells and tumors
- B-lymphocytes make antibodies, which are proteins that target unwanted bacteria, viruses and other foreign material

#### Monocytes

- Assist in pathogen recognition
- Eventually become macrophages, which engulf and destroy pathogens

#### **GROWTH FACTORS**<sup>2</sup>



- **Transforming growth factor β** (TGF- β) enhances synthesis of type I collagen, promotes angiogenesis, stimulates chemotaxis of immune cells, and inhibits osteoclast formation and bone resorption.
- Vascular endothelial growth factor (VEGF) stimulates angiogenesis, migration and mitosis of endothelial cells; increases permeability of the vessels; and stimulates chemotaxis of macrophages and neutrophils.
- **Stromal cell-derived factor 1**α (SDF-1α) actively modulates migration and homing of stem cells to the repair site.

Terumo BCT is a global leader in blood component, therapeutic apheresis, cellular and autologous biologic technologies. We believe in the potential of cells to do even more for patients than they do today. This belief inspires us to share our expertise in cell separation and collaborate with customers to advance the practice of autologous biologic technologies together.





